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INTEGRATION INTO THE WORLD AND SCIENCES

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Doniyorova Gulnoza Anvar kizi PEER REVIEW: METHODOLOGY FOR DEVELOPING LOGICAL AND COMMUNICATIVE THINKING IN FUTURE SPECIALISTS THROUGH DIGITAL TECHNOLOGIES	40
Fatullayeva Muazzam Azimovna JISMONIY TARBIYA VA SPORT MASHG‘ULOTLARI JARAYONIDA AQLIY TARBIYA VA UNING AHAMIYATI	41
Razakov Timur Rustamovich ENHANCING LEGAL ANALYSIS AND JUDICIAL EFFICIENCY THROUGH ARTIFICIAL INTELLIGENCE TECHNOLOGIES	44
Nurane Aliyeva OGRENCI MERKEZLI EGITIME YONELIK CARL R. ROGERS’IN BAKIŞ AQISIYLA OGRETMEN TUTUMLARI	45
S.S.Abdueva THE PEDAGOGICAL SIGNIFICANCE OF PHYSICAL CULTURE AND SPORTS IN THE UPBRINGING OF A HARMONIOUSLY DEVELOPED GENERATION	47
Razakov Azamjon Rustamovich THE INFLUENCE OF UZBEKISTAN'S FOREIGN POLICY ORIENTATION ON DOMESTIC POLITICAL EVOLUTION	49
Yunuskhodjaeva S.A. THE USE OF EFFECTIVE TEACHING METHODS FOR A YOUNG ARTIST IS A GURANTEED THAT TALENTED YOUNG PEOPLE WILL GROW INTO MATURE PROFESSIONALS	50
Altynbekova D.A., Djumanova Barno Oglonbek kizi NEW WAYS OF TEACHING PRONUNCIATION	52
Tishabaev Alisher Maxamadjanovich ISSUES OF DEVELOPMENT OF WOMEN’S SPORTS IN UZBEKISTAN DURING THE YEARS OF INDEPENDENCE.....	54

MEDICAL SCIENCES

Сайдалиев Р.С, Салимова З.У, Жалилов Ж.Ё. ОСОБЕННОСТИ СИСТЕМЫ ГЕМОСТАЗА У БОЛЬНЫХ С ОСТРЫМ КОРОНАРНЫМ СИНДРОМОМ	56
Parpibaeva Durdona Ikrom kizi EFFECTIVENESS OF AN INTEGRATED APPROACH IN ASSESSING POSTPARTUM LOW BACK PAIN: ANALYSIS BASED ON PAIN SCALE AND FUNCTIONAL TESTS .	57
Tashmatova Rayxon Ollokul qizi, Meliboyeva Dildora Ikrom qizi, Choriyev Shodiyor, Akmal Meliboboyev TOPIC: CENTRAL NERVOUS SYSTEM.....	58
Maksudova Malika Khamdamjanova, Duysenbaeva Aziza Ikhtiyarovna THROMBOLYTIC THERAPY IN OLD AND ELDERLY PATIENTS WITH ACUTE CORONARY SYNDROME.....	59
Блинецкая Е.В., Ситало С.Г. ЭХИНОКОККОЗ (ECHINOCOCCOSIS)	62
Babakulov Sharof Khamrokulovich, Abduqodirov Eldor Isroilovich, Pozilov Rustam Isroilovich OPTIMIZATION OF CYSTITIS DIAGNOSIS AND TREATMENT BASED ON PATHOMORPHOLOGICAL FEATURES	64
Rozikova Dildora Kodirovna DIAGNOSIS OF COMPLICATIONS ASSOCIATED WITH EMBRYOCHORIAL DYSFUNCTION IN THE FIRST TRIMESTER OF PREGNANCY AND PREDICTION OF REPRODUCTIVE LOSSES	65
Azizova Rano Bahodirovna, Abboskhonov Asrorkhon Abbaskhon ugli THE ROLE OF IRON METABOLISM DISRUPTION AND FERROPTOSIS ACTIVATION IN THE PATHOGENESIS OF SYMPTOMATIC EPILEPSY	67
Л.С. Давронова, Б.Б. Негмаджанов ПРОБЛЕМЫ ДИАГНОСТИКИ И ЛЕЧЕНИЯ БОЛЬНЫХ С СИНДРОМОМ МАЙЕРА-РОКИТАНСКОГО-КЮСТЕРА-ХАУЗЕРА В РЕСПУБЛИКЕ УЗБЕКИСТАН	68
Tadzhikhanova D.P.	

THE ROLE OF IRON METABOLISM DISRUPTION AND FERROPTOSIS ACTIVATION IN THE PATHOGENESIS OF SYMPTOMATIC EPILEPSY

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Introduction. Symptomatic epilepsy is a subtype of epilepsy characterized by seizures resulting from identifiable structural or metabolic brain abnormalities. The condition is highly prevalent, with the World Health Organization estimating that over 50 million people globally suffer from epilepsy. Despite the availability of various antiepileptic drugs, the underlying molecular mechanisms, particularly in symptomatic forms, are not yet fully understood.

Recent attention has been drawn to the role of ferroptosis — a regulated form of cell death dependent on iron and lipid peroxidation — as a potential contributor to neurodegeneration and seizure activity. This study is aimed at examining the role of iron metabolism and ferroptosis in the pathogenesis of symptomatic epilepsy through the assessment of biochemical and neuroimaging markers and their correlation with clinical severity.

Materials and Methods. This observational study included 125 participants: 100 patients diagnosed with symptomatic epilepsy and 25 healthy volunteers matched by age and gender. The patient group was subdivided into:

- Group 1 (n=65): Received standard antiepileptic therapy.
- Group 2 (n=35): Received standard therapy supplemented with alpha-lipoic acid and transcranial magnetic stimulation (TMS).

The following parameters were evaluated:

- Serum iron, ferritin, and transferrin concentrations.
- 4-HNE levels using ELISA (enzyme-linked immunosorbent assay).
- Clinical symptoms quantified using the UPDRS (modified scale).
- MRI scans to assess cortical atrophy and white matter damage.

All participants gave informed consent. Statistical analysis was performed using SPSS 26.0, with significance set at $p < 0.05$. Correlations between markers were analyzed using Pearson's coefficient.

Results. Biochemical analysis revealed a statistically significant reduction in serum iron and transferrin levels and an increase in ferritin and 4-HNE levels in epilepsy patients compared to controls.

- Ferritin increased to 83.7 ± 2.9 ng/ml (vs. 56.4 ± 2.3 in controls; $p < 0.05$).
- Transferrin decreased to $22.3 \pm 0.9\%$ (vs. $29.6 \pm 1.1\%$; $p < 0.05$).
- 4-HNE rose to 38.7 ± 1.4 ng/ml (vs. 21.3 ± 1.0 ; $p < 0.05$), indicating oxidative stress and lipid peroxidation.
- MRI analysis revealed increased cortical atrophy (39.2%) and white matter damage (31.1%) in Group 1.

In contrast, Group 2 patients receiving combination therapy showed:

- Improved biochemical markers, with normalized ferritin and transferrin levels.
- Reduced UPDRS scores (29.6 ± 1.0 vs. 42.1 ± 1.3 in Group 1).
- Decreased neurodegenerative changes on MRI (cortical atrophy 28.5%; white matter damage 20.4%).

There was a strong positive correlation between ferritin and 4-HNE ($r = +0.62$, $p < 0.001$) and a negative correlation between transferrin and 4-HNE ($r = -0.48$, $p < 0.01$).

Conclusion. This study highlights the significant association between iron metabolism abnormalities and ferroptosis in symptomatic epilepsy. Elevated ferritin and 4-HNE levels, along with MRI and UPDRS findings, point to an ongoing neurodegenerative process driven by iron-induced oxidative stress. The 4-HNE biomarker, in particular, demonstrates strong potential for use in early diagnosis, severity assessment, and monitoring treatment effectiveness. Integration of ferroptosis markers into clinical protocols could improve outcomes for epilepsy patients and facilitate personalized treatment approaches.