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International Federation of Gynecology and Obstetrics
THE GLOBAL VOICE FOR WOMEN'S HEALTH

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Tunisia

Objective: La symptomatologie prémenstruelle (SPM) affecte un grand nombre de femmes, entraînant des symptômes physiques et émotionnels qui peuvent perturber leur qualité de vie et leur fonctionnement quotidien. Bien que certains symptômes soient considérés comme normaux, leur sévérité peut avoir des conséquences significatives sur la productivité au travail et les relations interpersonnelles. Cette étude vise à évaluer l'impact de la SPM sur le fonctionnement des femmes et à explorer les facteurs influençant leur recherche de traitement.

P07.002 | PREDICTION OF ENDOMETRITIS WITH UTERINE FIBROIDS OF REPRODUCTIVE AGE

CATEGORY: NON-SURGICAL GYNAECOLOGY

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Objective: To evaluate the mechanism of formation of endometritis after uterine curettage with uterine fibroids.

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Method: The study was conducted in 75 women after uterine curettage with uterine fibroids of reproductive age. Based on the results of a histological examination of the endometrium, the patients were divided into 2 groups: I ($n=50$) - women with morphologically confirmed CE (chronic endometriosis), II ($n=25$) - comparison group, conditionally healthy women.

Results: The 1st group of patients ($n=50$) was divided into 3 subgroups based on the morphological characteristics of the endometrium with the simultaneous presence of inflammatory lymphoplasmacytic infiltrates in the endometrial stroma, focal stromal fibrosis, sclerosis of the walls of the spiral vessels of the endometrium in combination with uterine myoma and reproductive dysfunction; the complete symptom complex of CE was diagnosed — subgroup I ($n=25$). Focal or diffuse infiltration of the stroma by lymphocytes in women with clinical manifestations of CE in the endometrium was classified as an incomplete form of CE with infiltration — subgroup Ib ($n=15$); only fibrosis of the stromal endometrial and/or sclerotic changes in the vessels of the uterine mucosa were verified as an incomplete form of CE with fibrosis (sclerosis) — subgroup Ic ($n=10$).

Conclusion: The results of the study expand the possibilities of diagnostics and prediction of endometritis development in women with uterine myoma after surgical interventions in the uterus using immunohistochemical staining of the endometrium and myomatous nodes for verification, which is necessary for new approaches to the treatment of patients with endometritis in uterine myoma.

P07.004 | IMPROVING ACCESS TO GYNAECOLOGICAL HEALTHCARE FOR WOMEN AND GIRLS IN NIGERIA

CATEGORY: NON-SURGICAL GYNAECOLOGY

H. S. Galadanci[1]; C. O. Ikpeze[2]; S. Agwu[3]; **P. A. Aboyeji**[4]; O. Azubuike[5]; M. Yusuf[6]; A. Salihi[1]; S. Acharya[3]; O. Akeredolu-Martins[7]; A. D. Suleiman[1]
[1]ACEPHAP, Bayero University, Kano; [2]President, SOGON, Abuja, Nigeria; [3]Centre for Women's Global Health, RCOG, London, UK; [4]Vice President 1; [5]Secretary General, SOGON, Abuja; [6]Dept of Obstetrics and Gynaecology, Aminu Kano Teaching Hospital, Kano; [7]MEL, SOGON, Abuja, Nigeria

Objective: To improve Nigerian health workforce capacity to address the critical gap in the provision of high-quality, comprehensive, respectful, gynaecological care to women and girls attending primary healthcare facilities.

Method: Gynaecological Health Matters programme is a tripartite partnership between the RCOG, ACEPHAP and SOGON. The project works through three work streams:

- Training 180 frontline healthcare providers to provide high-quality gynaecological care in Nigeria and increasing local training capacity by training 20 Expert trainers to deliver the Essential Gynaecological Skills course.
- Supporting healthcare providers to conduct advocacy for prioritisation of gynaecology services at a facility, regional and national level.
- Generation of evidence of impact to secure a commitment from the Government of Nigeria to include roll-out of EGS training within its national funding plans.

Results: 84% of those trained improved their scores in the post-test compared to their pre-test score, the average increase was 4 out of total of 20 questions. Tests will be re-administered at the refresher training 3 months after the original training in order to ascertain medium term knowledge retention.

Conclusion: Tackling a significantly neglected area of women's health, the mid-term results show increased healthcare workers' knowledge of essential gynaecological skills. Advocacy conducted by the partners has resulted in buy-in from the Nigerian Federal Ministry of Health and the state Ministries of Health in FCT and Kano to endorse and scale up the training, which will support greater sustainability over the longer term and improve access to quality gynaecological care.

P07.008 | KNOWLEDGE OF MENOPAUSAL SYMPTOMS AND MANAGEMENT OPTIONS AMONG WOMEN OF REPRODUCTIVE AGE IN LATVIA

CATEGORY: NON-SURGICAL GYNAECOLOGY

J. Kolosovska; **E. Argale**
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Objective: To explore and evaluate the knowledge of reproductive age women in Latvia about menopausal symptoms and management options.

Method: A 47-question online survey was conducted to assess women's knowledge of menopause, its symptoms, healthy lifestyle practices, and the importance of menopause education on both personal and societal levels. The survey included 431 respondents from Latvia, aged 18–49 (WHO definition of women of reproductive age) divided into two age groups: 18–39 (Group 1) (38%; $n=163$), and 40–49 (Group 2) (62%; $n=268$).

Results: 94% of respondents ($n=404$) understand the term "menopause" and agree that it affects all women, though many reported only partial understanding of the process. 74% of all respondents ($n=319$) have thought about menopause more, due to perimenopausal symptoms like irregular menstruation, mood changes, hot flashes, and age. Group 1 showed less interest (17%; $n=73$) in menopause, though some sought information due to pregnancy planning, gynecological surgeries, or preventive health improvement. 63% of all respondents ($n=272$) reported low physical activity levels, and 61% ($n=267$) had a BMI indicating overweight or obesity, 50% ($n=217$) agreed menopause increases cardiovascular risks, affects sexual (59%; $n=258$) and cognitive function (71%; $n=310$), and impacts life

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